

The World's Greatest PB&J

makes 2 servings

4 tablespoons smooth or chunky natural peanut butter

4 slices whole-wheat sandwich bread

4 tablespoons preserves of choice

Butter (optional)

1. Preheat a waffle iron.
2. For each sandwich, spread 2 tablespoons peanut butter on one slice of bread, 2 tablespoons preserves on another, and sandwich the pieces together.
3. Lightly grease the waffle iron with butter, if desired, and cook the sandwiches in the iron for 3 to 4 minutes, or until the bread shows golden waffle marks.
4. Serve with a tall glass of milk for an ideal waffle sandwich experience!

**recipe by Catherine McCord*