Knitting

Row 1: Starting with your pinky finger, pick up the lower strand (A), and bring it over the top strand and the top of your pinky (B). Next, pick up the lower strand on your ring finger and bring it over the top strand and the top of your finger (C). Repeat for your middle finger. Pick up the tail, which is lying across your forefinger, and bring it in between your forefinger and middle finger (D) to the back of your hand. Now that you've moved the tail to the back, for future rows, the strand on your forefinger will be tighter around your finger like the rest of the stitches. If the stitches ride up your fingers, just push them lower.

Row 2: Rethread the working yarn across your fingers. Bring the working yarn around your forefinger and behind your middle finger (E), then over your ring finger and around your pinky (F), and finally behind your ring finger and over your middle (G). You should have two strands on each finger. Now pull the lower strands over the top as described in row 1.